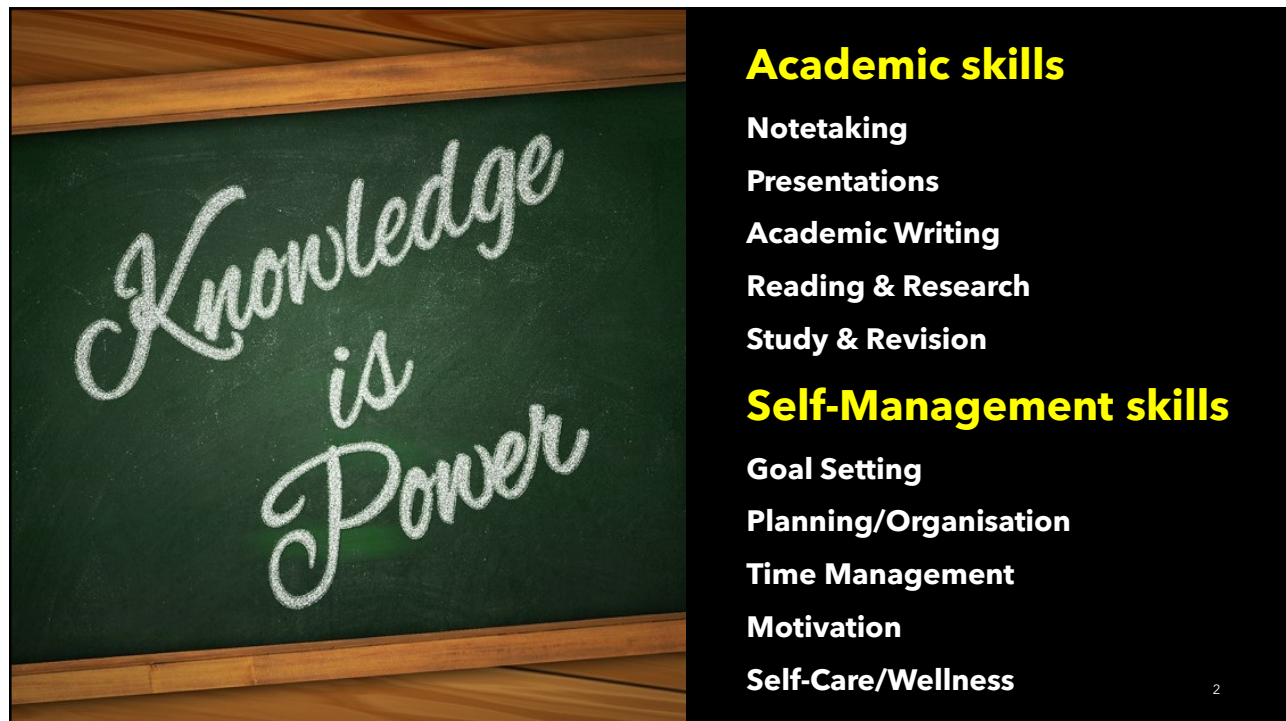




1



2

Expectations & Responsibilities


Engage
Attend
Start early
Required Standards
Communication
Support
Develop skills

3

Notetaking




4

A black and white photograph of a person with short hair, wearing a checkered shirt, sitting at a desk and writing in a notebook with a pen. A cup is visible on the desk in the background.

Notetaking

Do you think notetaking is important?

5

A photograph of a stack of books with colorful spines, resting on a surface.

Benefits

- Active process
- Enhances understanding
- Captures key learning
- Promotes retention
- Useful for revision and study
- Enhances academic success

(Kokemuller, 2019)

- Focus and concentration
- Listening skills
- Organisation skills

(Friedman, n.d.)

6




Multitasking

7

7

Processing Speed



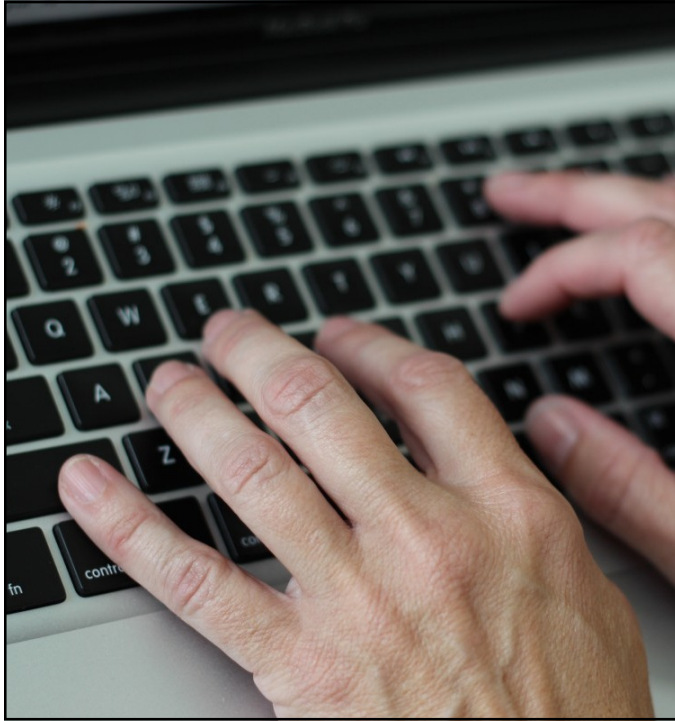
Refers to how the brain receives, understands and responds to information.

Often processing at a slower pace.

Touch-type Read & Spell (TTRS) (1992-2021)

8

8

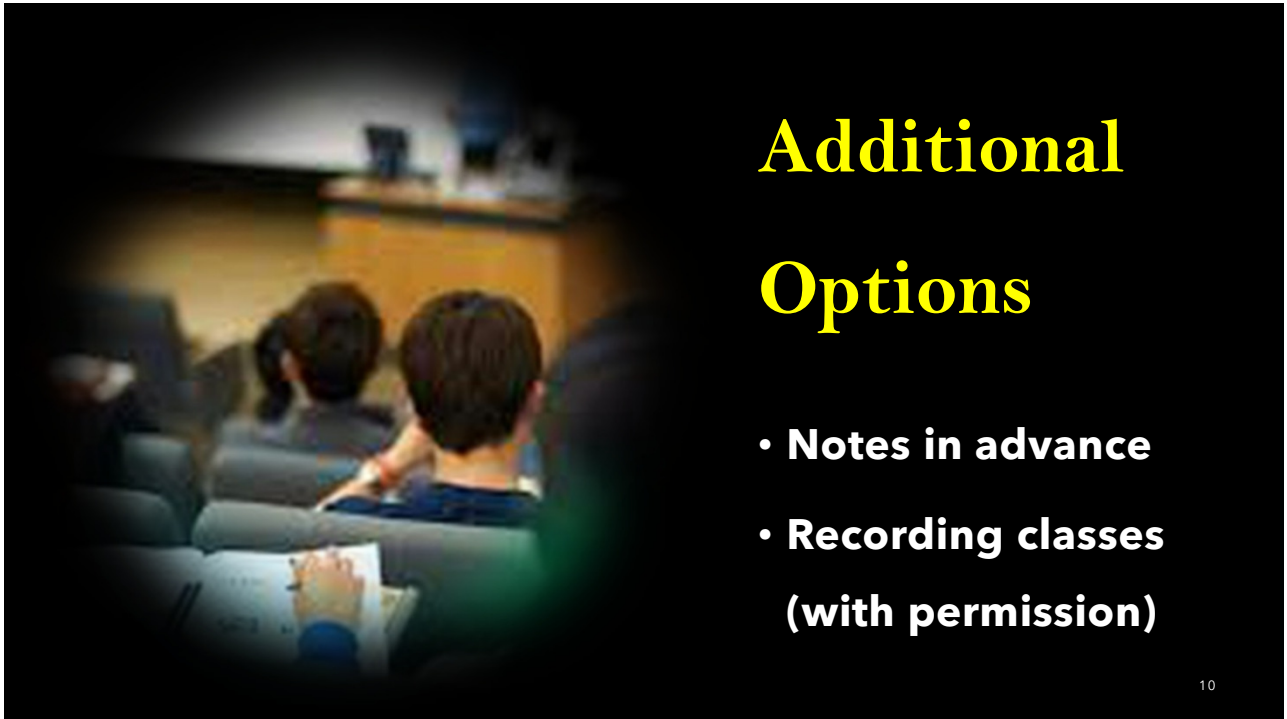


9

Options

- **Write**
- **Type**

9



10

Additional Options

- **Notes in advance**
- **Recording classes (with permission)**

10



Tips

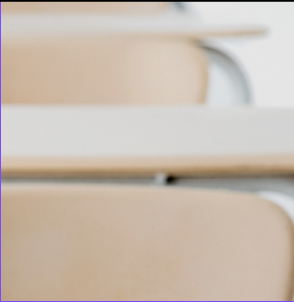
- Keep**
 - notes organised
- Do**
 - some further reading
- Highlight or colour**
 - code information

11

11

Strategies

- **Cornell notetaking method**
- **PowerPoint**
- **Concept maps or mind maps**



12

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Cornell Notetaking Method

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What does this look like?

Topic - Adapted Physical Activity (APA)	Date - 16 th February	Lecturer - Fiona Downey
Key points/Cues	Details/Notes	
Adapted Physical Activity (APA) - Definition (def)	Adapted physical activity (APA) (abbreviate when possible)..... refers to modifying or adjusting a game, activity , its rules or equipment (equip) to accommodate (accomm) all abilities so that all individuals (indiv) are included (inc.) in the lesson.	
Inclusive Practice	A teaching approach, acknowledges (ack) differences, and ensures access (acc) for all	
TREE Formula	T = teaching, R = rules & regulations, E = environment, E = equipment	
Summary		
	Inclusive practice TREE formula Questions Recommended (recomm) readings/resources	Key: APA - Adapted Physical Activity Mod - modifying Adj - adjusting Accomm - accommodate Indiv - individual(s) Equip - equipment Inc - included/inclusive Def - definition Recomm - recommend(ed)

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PowerPoint



Click to add notes or the notes icon



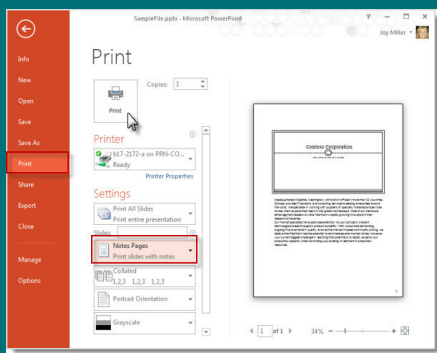
Located at the bottom of the screen (under the slide), or

View Tab - select notes page

15

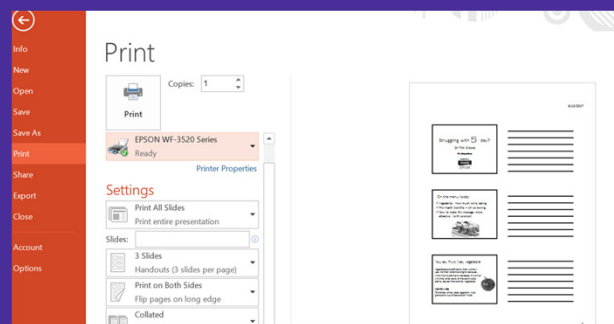
15

- To type notes - click on the notes icon below your slide
- To print - Go to file, open print menu, under slides, select note pages (see image below)

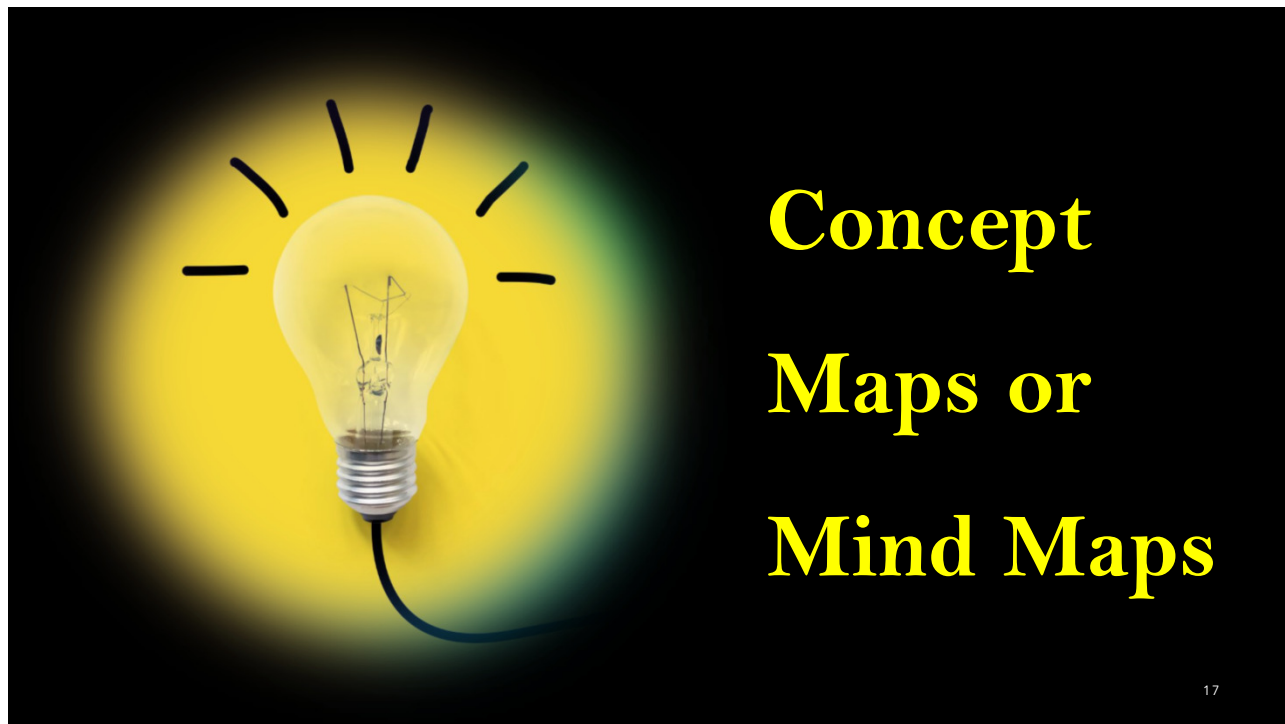


Adding Notes

- To print a hardcopy and handwrite notes - follow previous steps and select number of slides per page.



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Advantages

- Presents information visually
- Great for planning, organising thoughts and connecting ideas
- Breaks down information
- Helps you remember and recall
- Boosts creativity - colours, images
- Fun way of learning

18

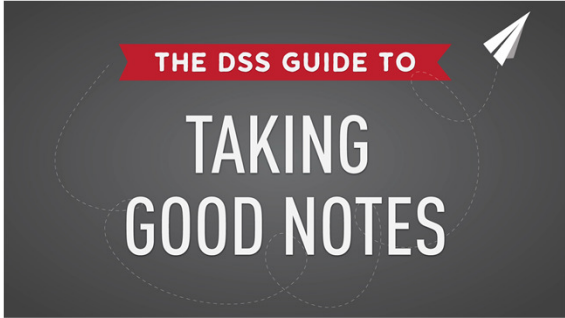
Resources

DSS Canvas Module



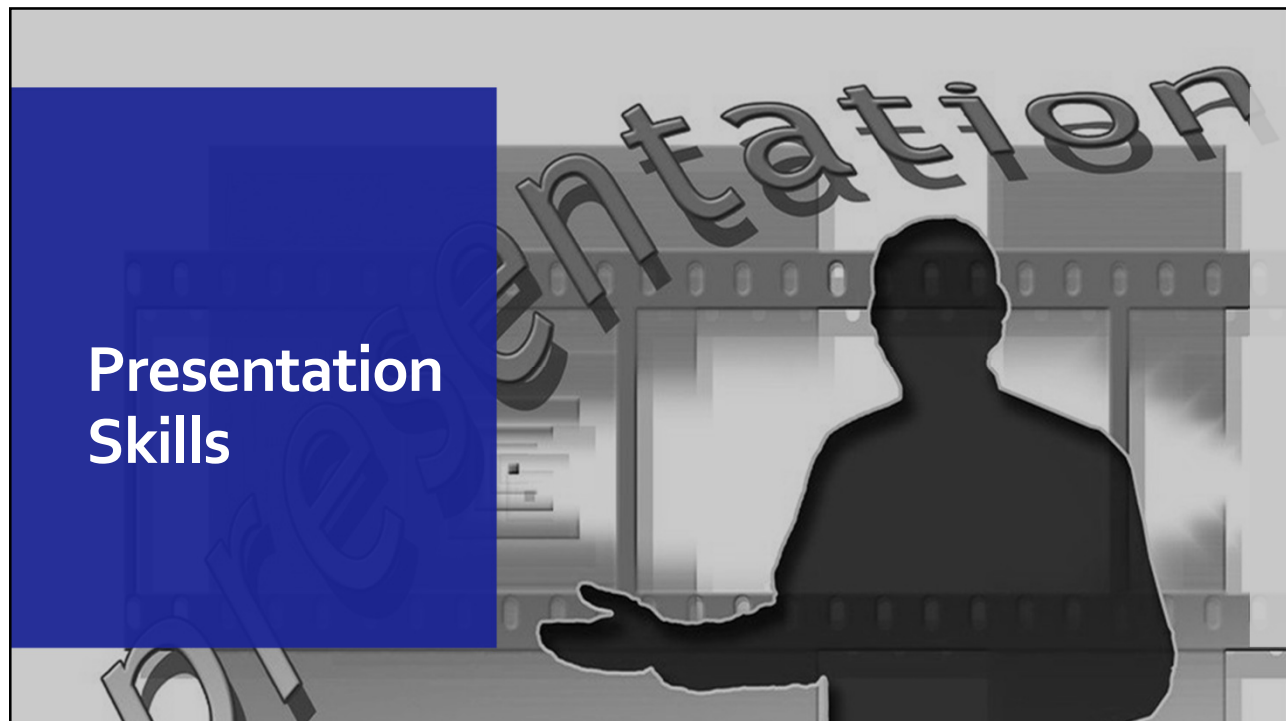
[DSS \(Disability Support Service\)](#)
[DSS20](#)

1

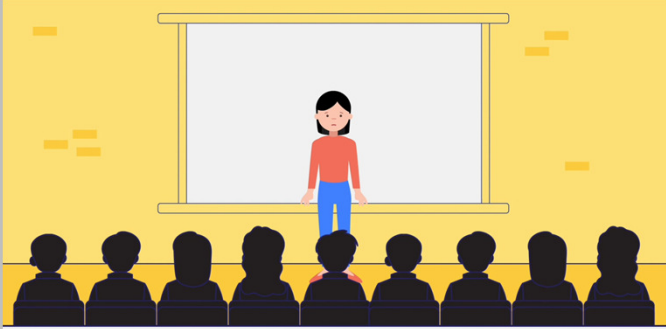


<https://www.mycit.ie/learning-support-resources>

19



20




Public speaking or presenting in front of your peers and/or teaching staff can be a nerve racking experience

DSS Canvas Module

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Academic Writing



22

Over to you.....

What is your understanding of academic writing?

&

What do you find difficult about writing?



23



Characteristics of Academic Writing

Academic writing is:

- **Planned and focused**
- **Structured**
- **Evidenced**
- **Formal in tone and style**

https://library.leeds.ac.uk/info/14011/writing/106/academic_writing

24

24

Tips.....

• Do

- Communicate ideas clearly & concisely
- Use a formal style
- Write in the 3rd person
- Link paragraphs logically
- Use supporting evidence
- Reference
- Check spelling, grammar & proofread

• Avoid

- Long-winded sentences
- Informal or conversational language
- Writing in the first person singular - I
- Shortening verb forms, e.g. isn't, can't
- Sweeping statements
- Waffling or repeating yourself

Recommended: look at publications, research papers in your area to see their writing style

<https://libguides.reading.ac.uk/writing/style>

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Learning Styles

How do you learn best?

What are the methods that have worked best for you in the past?

Kinaesthetic

Read & Write



Universal Design for Learning (UDL)

26

Learning Styles & Strategies

- Visual**
 - Mind Maps
 - Note-taking
 - Flashcards
 - Animations/Videos
 - Slideshows
 - Colour code
- Auditory**
 - Videos
 - Music
 - Recordings
 - Reading out loud
 - Discussions
- Kinaesthetic**
 - Notes around room/house
 - Moving while studying
 - Role plays

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27

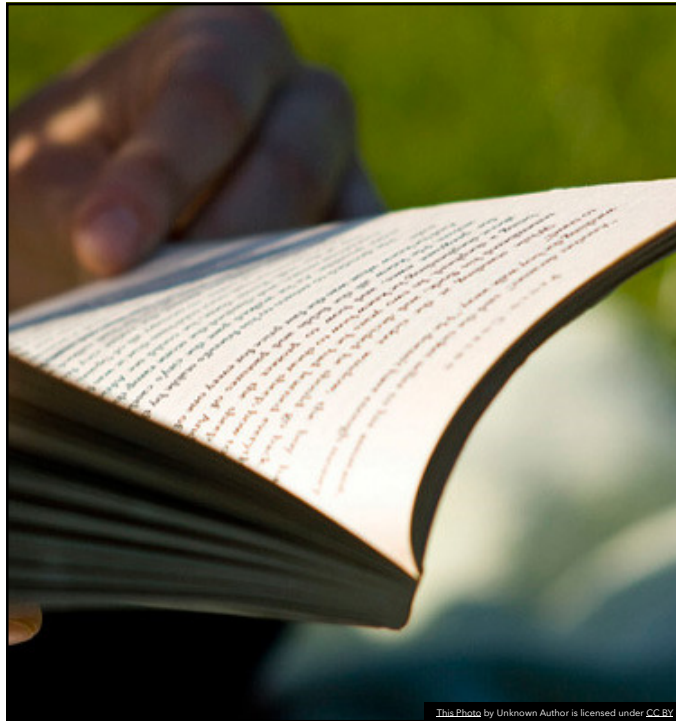
THE DSS GUIDE TO

STARTING AN ASSIGNMENT

MTU DSS Learning Support: <https://www.mycit.ie/learning-support-resources>

28

28

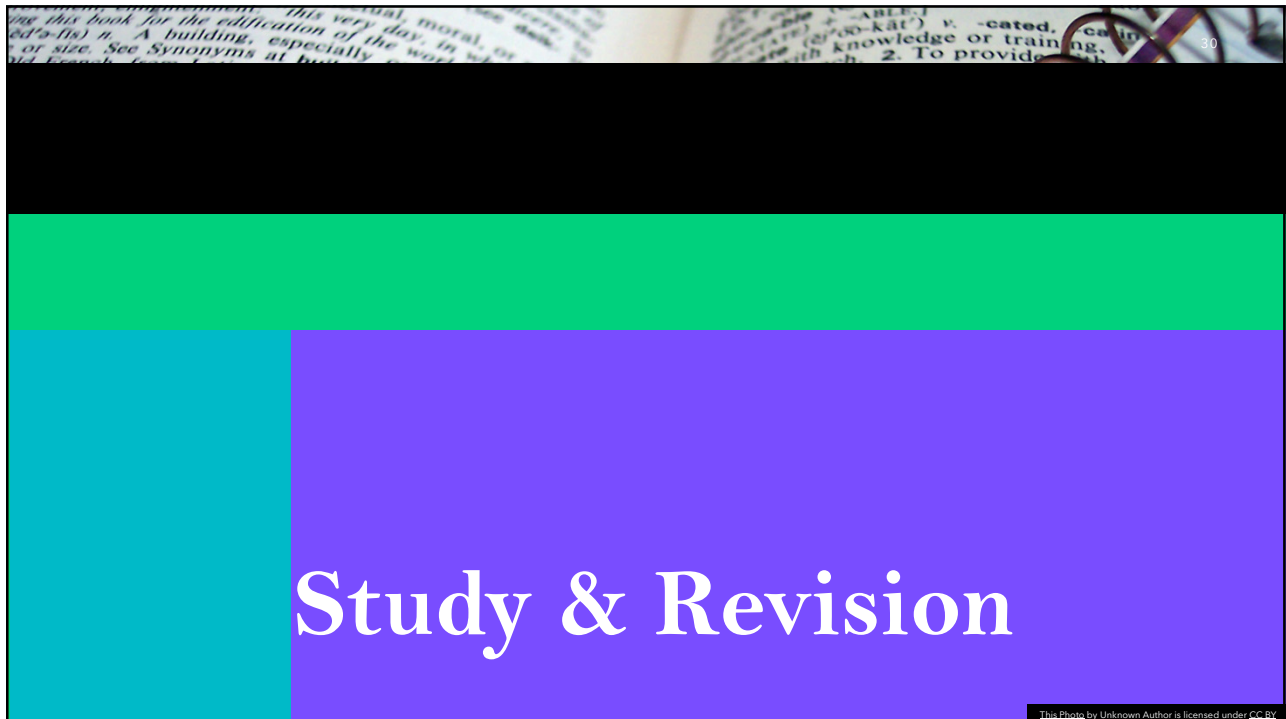


This Photo by Unknown Author is licensed under CC BY

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Reading, Research & Referencing (3 Rs)

29



This Photo by Unknown Author is licensed under CC BY

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Learning Strategies for Study & Revision

- ☐ Use different approaches, materials and methods
- ☐ Quizlet - www.quizlet.com
- ☐ Repetition
- ☐ Past Exam Papers

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- Extra time
- Repeat tasks
- Variety of resources
- Summarise
- Break down tasks
- Laptop
- Classroom position


Techniques



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FindMyFlow

Learning strategies &
assistive technology



FindMyFlow

Study workflows tailored to you


33

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Self- Management Skills

A set of skills that
can help you
become a
successful learner

(Trinity College Dublin, 2019)



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Skills for Life

- **Goal setting**
- **Planning/Organisation**
- **Time Management**
- **Motivation**
- **Self-Care/Wellness**

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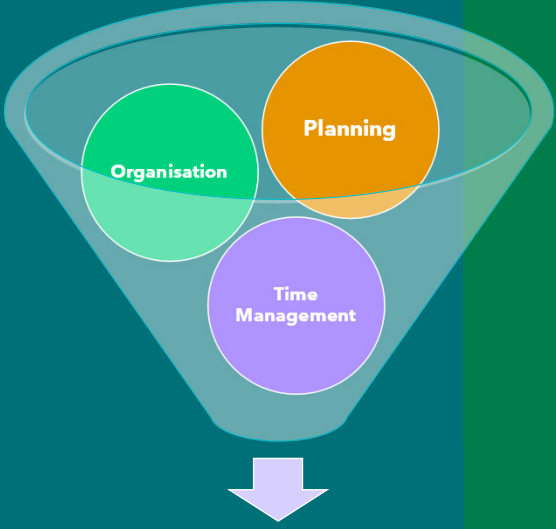
Goal Setting with the Pomodoro Technique



<https://youtu.be/z7e7gtU3PHY>

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Life Skills

- Check timetable
- Preparation
- Task List
- Manage your day
- Identify gaps
- Prioritise
- Break tasks down
- Set deadlines
- Phone
- Nutrition
- Exercise
- Routines

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Can you reflect on a time that you felt motivated?

What comes to mind when you see or hear this word?

Motivation

What motivates you?

How difficult is it?

What usually happens to you when you are **not** motivated?

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